

BILD'S INNER CIRCUS PRESENTS

FROM INSECURITY TO SELF-ESTEEM

Working with death and dying requires an inner strength to cope with moments of stress and sadness. Maturity and wisdom are the key to diminishing our insecurities, developing a realistic image of ourselves and a clearer understanding of our professional performance. This one day experiential workshop will help you develop tools to manage challenging situations, increasing your enthusiasm in the field of paediatric palliative care.

Venue at The Loft Club
Bratislava (Slovakia)

14th November 2014



PROGRAMME

Moving and breathing
Music in our soul
Discovering our body
Sensuality and sexuality at the end of life
Acceptance and self-esteem
Burnout prevention



THE TROUPE

Director: Rubén Bild
Artistic adviser: Lindsay Kemp
Producer: Iván Gómez
Stage manager: Katarína Mistríková
Light and sound: The Loft Club
Saxophonist: Daniel Cercos
Pianist and singer: Kristína Smetanová
Dressmaker: Chelo Ruiz
Clothes: Versace
Make up artist: Jana Sabadošová
Masks: Kadek Astama (Ubud, Bali)
Graphic designer: Monika Bajlová

